

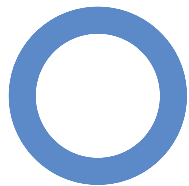


**Parents & Guardians,  
you are not forgotten...**

**JOIN**  
the Parents/Guardians  
Support Group

We have **meetings every two (2)  
months** on the last Saturday at  
4 p.m. at the Diabetes Association  
Headquarters.

You will find support, friendship,  
information and solutions about the  
everyday challenges of families living  
with diabetes.



**unite for diabetes**

## About Us

The Diabetes Association of Barbados was founded in 1975 to assist persons with diabetes. The Association focuses on education and advocacy to improve the lives of all people living with diabetes, prevention of diabetes and its complications.

The Diabetes Association of Barbados appreciates the efforts of all volunteers and sponsors who offer their services and support in improving the lives of persons living with diabetes.

The printing of this pamphlet was made possible through sponsorship received from:

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### **DIABETES ASSOCIATION OF BARBADOS**

"Jessamine Cot", Cnr. Jessamine Avenue,  
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OR Tel/Fax (246) 437-2285  
Email: [dab40a@gmail.com](mailto:dab40a@gmail.com)  
Website: [www.diabetes.bb](http://www.diabetes.bb)



## Sponsor - A - Child with Diabetes!



Help a Child  
with Diabetes  
Live a Longer,  
Healthier &  
Happier Life.



## I am living with diabetes.....

When I was 5 years old, I was very sick and Mummy took me to the doctor.

After they performed

some tests on me, the doctor told Mummy that I have diabetes.

This means that my blood sugar is too high.

If I don't take my medication, it will cause permanent damage to my eyes, kidneys, nerves, heart, gums and teeth.

Even though this makes my family and me very sad, the doctors said that if I do the right things, I can grow up and live a long, healthy, productive, and happy life.










## Living with diabetes is not easy for me...

Although, the Ministry of Health provides some medications and supplies, Mummy and Daddy have to pay for additional equipment, supplies and other services to help me effectively manage and control my diabetes.

The Diabetes Association, in recognition of the financial burden on families, embarked upon an initiative called **"Sponsor-A-Child with Diabetes"**. Since 2012, children enrolled in this programme receive monthly assistance from the Association to help with diabetes-related expenses.

This financial assistance goes towards the following supplies and services:

### Supplies:

-  Blood glucose monitors and testing strips
-  Ketone testing monitors and testing strips
-  Lancets (finger pricks)
-  Insulin, insulin syringes/pens and needles.
-  Organisers/supplies carrying pouch
-  Diabetes alert ID bracelets/necklaces
-  Books/booklets on diabetes management and control for children and parents
-  Diabetes Bear
-  Glucose tablets to treat hypoglycaemia

### Services:

-  Blood tests (HbA1c, annual TSH and annual lipid, microalbumin and screening check-up for children over age 12/after 5 years with diabetes)
-  Doctors' visits, including diabetes specialist and paediatrician
-  Diabetes management education/review twice yearly and when necessary
-  Dietitian/Nutritionist consultation twice yearly and when necessary
-  Psychological counselling
-  Annual retinopathy/ophthalmology check-up for children over age 12/after 5 years with diabetes
-  Annual dental check-up

### How can I get involved?

Register your child/ward with diabetes in the program.

Businesses/Organisations/Individuals  
Donate cash or cheque payable to the Diabetes Association of Barbados

